ERECTILE DYSFUNCTION

Your Questions Answered



www.viagraconnect.ie

Viagra Connect 50 mg film-coated tablets. Contains Sildenafil.

For men age 18 and older with erectile dysfunction. Maximum dosage frequency is one 50 mg tablet per day. Always read the label.

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Pfizer Healthcare Ireland



VIAGRA CONNECT®

Available without prescription



What is Erectile Dysfunction?

Erectile dysfunction is a relatively common condition

If you cannot get or keep an erection firm enough for sex, you may have a medical condition called erectile dysfunction, also known as ED. Although ED can affect men of all ages, it's more common in men over the age of 40.

Men can experience symptoms in different ways:

- Some cannot achieve an erection.
- Others may achieve an erection, but it's not firm enough for having sex.
- Or they may lose the erection before or during sex.

For some men with ED, it can be difficult to get or keep an erection every time they try to have sex.

ED is a common medical condition that has nothing to do with masculinity.



One in five Irish men

experience erectile dysfunction (ED) regularly*

So don't worry – if you're experiencing ED, you are not alone. You can take action to get help. ED symptoms can be treated in most cases.

What causes ED?

The main physical cause of ED is not enough blood flowing into the penis, so a man cannot get and keep an erection when he is sexually excited.

This happens because the small blood vessels that supply the penis during an erection become blocked or narrow.

Smoking, high cholesterol and lack of exercise can cause this problem, as can high blood pressure and diabetes.

ED can sometimes be an early warning sign of underlying health conditions, even if you feel healthy.

While not all men with ED will have other health problems, it is always best to talk to a pharmacist or see your doctor who can fully assess your health and treat any condition you might have that could be causing ED symptoms.





How does VIAGRA CONNECT® helps treat symptoms of ED?

It works by helping to increase the blood flow to the penis to help men get and keep an erection that lasts long enough for sex. It will not give you an instant erection. You need to be sexually aroused for VIAGRA CONNECT® to work.

VIAGRA CONNECT® is proven to help men's self-esteem, confidence and sexual relationship satisfaction.

VIAGRA CONNECT® will not help you if you do not have ED symptoms.

How do I know if VIAGRA CONNECT® is right for me?

Men who are unsure if their erection problems are symptoms of ED can benefit from talking discreetly with a pharmacist.

The pharmacist will not give you a physical examination or ask you personal questions about your sex life - they will just ask you a few questions about:

- · Your general physical health
- · Any medicine you might be taking
- · Any health conditions you may have

This is to confirm that you have ED and to decide if VIAGRA CONNECT® is suitable for you.

If VIAGRA CONNECT® is right for you, the pharmacist will explain how to take it correctly for the best results. You should also see your doctor as soon as possible within 6 months of your first purchase of VIAGRA CONNECT® to get a health check-up.

If VIAGRA CONNECT® isn't right for you, where appropriate, the pharmacist will refer you to your doctor, who can discuss alternative treatment options with you in more detail.

Who cannot take VIAGRA CONNECT®?

- Men under 18 years of age
- Women
- Men who do not have ED
- Men taking certain medications
- · Men with certain health conditions
- Men allergic to any of the ingredients in VIAGRA CONNECT®

How to take VIAGRA CONNECT®

- Take 1 tablet, as needed, approximately 1 hour before sexual activity.
- Swallow the tablet whole with water.
- Do not take more than 1 tablet a day.

Talk to your pharmacist to see if VIAGRA ${\tt connect}^{\tt @}$ is suitable for you.

Always read the label.

Where do I buy VIAGRA CONNECT®?

You can buy VIAGRA CONNECT® from your pharmacy without a prescription. Subject to suitability.

In the pharmacy

Pharmacists are trained to help men treat their ED symptoms.

A physical examination will NOT be necessary during your visit to the pharmacy. Most pharmacies in Ireland now have a consultation room where you can speak to the pharmacist in complete confidence.



Purchase genuine treatments

Treatments for ED are the most counterfeited medicines in Europe. In 2010, an estimated **2.5 million men** in Europe were exposed to illicit sildenafil products.

Counterfeit medicines may also contain hazardous and toxic ingredients including talcum powder, commercial paint and printing ink.

Go to **viagraconnect.ie** for more information

Remember, erectile dysfunction can be treated in most cases. Take action to get help by talking to your pharmacist in confidence today.

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* Behaviour & Attitudes Market Research Erectile Dysfunction Irish Male March 2020 (data on file).

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